

Shampoo-Bars

Here we present you a recipe for solid shampoo pieces with Shikakai powder.

Shikakai means "fruit for the hair". It cleans and cares for the hair in a particularly gentle way.

For use we recommend to rub the bars in wet hands. This creates beautiful foam.

Alternatively, you can also rub it over wet hair, massage it in and rinse as usual.

Ingredients:

Phase A)

- 48,00g SCI Powder
- 2,00g Shikakai Powder
- 5,00g Corn Starch
- 1,00g Salt
- 1 pinch of Prebiulin FOS

Phase B)

- 1,00g Lysolecitin
- 2,00g Glycerine
- 6,00g Sheabutter, raff.
- 1,00g Myrica Wachs
- 3,00g Arganoil
- 1,00g Hanfsamenoil
- 1,50g Keratin, vegetable
- 3,50g Water

That's how it's done:

Mix all ingredients of phase A well.
Do not forget the dust mask!

Melt the ingredients from phase B together in a beaker. Add to phase A and mix or knead well. Then simply press into the corresponding silicone mould.

Put in the oven at 60°C for 2 hours.
It is best to cool down/rest in the mould for one day.

Ready!

